

# Planting Tomorrow's Radio Show

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## Berry Funny Face Sandwiches

These sandwiches are so much fun to make with your kids. Just have the ingredients available and be there to help. Let them be creative and come up with their very own funny faces. For added fun, make a learning game out of it with measuring and counting, geometric shapes and don't forget to snap pictures before the funny faces are gobbled up!

For face, use either whole wheat english muffins or whole grain sliced bread, may be lightly toasted if you prefer.

For spread, use either honey and peanut butter mixed, or maple syrup and almond butter mixed together for a more nutritious combination. You can also use cream cheese mixed with mashed banana and a little honey and cinnamon. Any of the above can be combined. Mix it up and have fun!

Cover face bread with spread and then use the following for eyes, nose, mouth, whiskers, ears, eyebrows, eyelashes, etc. Kiwi, Sliced bananas, strawberries, blueberries, raspberries, goji berries, apples sliced thin, raisins, pecans, walnuts, pretzel sticks...use your imagination and let the kids design their own funny face sandwiches using healthy, wholesome ingredients.