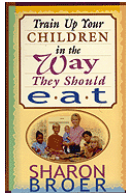


Planting Tomorrow's Radio Show

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Squash Casserole



By Sharon Broer, author of "[Healthy Country Cooking](#)" and "[Training Up Your Child In The Way They Should Eat](#)"

- 1 stick butter
- 3 tbs. unbleached flour
- 2 cups cooked squash
- Buttered breadcrumbs
- 2 cups milk
- 3 eggs, beaten
- 2 cups grated cheese
- Sea salt & pepper to taste

Make white sauce with butter, flour and milk. Cook slowly until thick, add eggs. Add cheese; stir well until melted. Add squash. Pour into casserole dish and top with breadcrumbs. Cook uncovered at 350 degrees for 45 minutes or until golden brown.